

Burghill Community Academy



PE Policy

Updated: June 2022

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1. Rationale

Through a positive and caring environment, we provide the opportunity for every child to reach their potential and to have had the opportunity to have tried a variety of different sports by the time they leave us at the end of Year 6. At Burghill Community Academy we're committed to providing all children with learning opportunities in Physical Education (P.E) and following the suggestions of the National Curriculum (2013). We believe that when PE is experienced in our safe and supportive environment, it plays a vital part in a child's emotional wellbeing as well as physical. It promotes a healthy lifestyle, team work and the ability to learn how to win gracefully and lose admirably.

2. Inclusive Competitiveness

Children at Burghill Community Academy learn to compete in an environment that promotes 'inclusive competitiveness'. Inclusive competitiveness is where children understand the importance of trying hard to win but also understand that not winning is okay if they have tried their best. We have found that this both motivates pupils who have a strength in a particular sport to try and push themselves for success in competitive situations while simultaneously motivating those who may be trying something new, or just something they enjoy, to take pride in their performance and work hard. By nurturing this inclusive competitiveness ethos at the school it also promotes children of all abilities to recognise the efforts of their peers as well as their successes.

3. PE Kit

Appropriate PE kit consists of; a plain white T-shirt (Or a plain white T-shirt embroidered with the school badge) and not a white polo shirt, red shorts and sports trainers (Pumps are not suitable for activities, especially outdoors). During the Autumn and Spring terms, children must have tracksuit bottoms and/or a hoody in their PE kit for outdoor sessions. For swimming, children should wear either swimming trunks or shorts that finish above the knee or a one-piece swimsuit and have their own towel. Children are not permitted to wear bikinis or tankinis. Swimming caps are recommended for all pupils but essential if they have shoulder-length-or-longer hair. Unless your child is able to put on the rubber swimming caps independently it is recommended that they wear the fabric versions.

With considerations for health & safety, children may be unable to take part in PE lessons if they do not have appropriate PE kit in school, however efforts must be made by the class teacher to enable the child to take part in P.E lessons to avoid a child missing the session (For example, searching the lost property box for a spare jumper to use temporarily, asking classmates if they have a spare item of clothing a child could borrow etc.). Burghill Community Academy operates a zero-tolerance policy towards PE footwear. Children who do not have a change of footwear or footwear appropriate for the physical activity will not be able to take part in the lesson. If a child does not have appropriate PE kit in school on 3 separate occasions during one term a letter will be sent home to parents/carers.

If children are unable to get active in a PE lesson, despite the best efforts of the class teacher, they are to follow either of these actions;

- Supporting the class teacher in the lesson (i.e Equipment collection and set up)
- Supporting their class mates in a non-active role (i.e. Filming/peer assessment in gymnastics)
- Developing their knowledge of P.E through a different activity (i.e. Copying a piece of text about a particular sport or activity)

4. Swimming

Swimming is part of the National Curriculum and an important life skill taught in school, therefore attendance is compulsory. In the event of any child being unable to enter the water due to not having their kit the attending staff member will have spare kit with them for the pupil to wear, including a towel. The National Curriculum states that pupils must be able to swim 25m unaided by the end of KS2. Where possible, Sport Premium funding is to be used to provide booster swimming sessions in the Summer term for those pupils who have not reached this target. Children are tested against the Swim England Schools criteria, with judgements on achievement given by qualified, pool-side swimming instructors.

5. Time Allocation

The National Curriculum recommends that children have access to two hours of high quality PE lessons per week and, at Burghill Community Academy, our classes allocate two hours per week to PE lessons (inc. changing times). At Burghill Community Academy, we also offer more than the minimum requirements for swimming with all of our pupils in KS1 and KS2 attending swimming lessons at local pools with trained instructors at different times during the school year.

6. SEN

In the case of SEN pupils, activities and equipment will be modified where necessary to enable maximum participation. Individual teachers will consult with the child's parent/carer with regard to the specific needs of their pupils, which will be supported where possible with due regard to health and safety. Where possible, Sport Premium funding will also be used to purchase equipment that would sustainably assist the child in their participation.

7. Gifted & Talented

Where the school feels a pupil is gifted and talented in a particular sport, the PE Coordinator will work to try and find inter-school competitions in that sport that that child can compete in. If that child is also not currently attending any out-of-school clubs linked to that particular sport the PE Coordinator will work with that child's parent/carer to provide information on clubs in the locality that may suit the child.

8. PE / Clubs / Sports Teams Pyramid

PE Lessons: A legal requirement for all pupils

After-School Clubs: Open to all pupils with a special interest in that sport.

Festivals & Friendly Matches**: Open to pupils who regularly attend after-school clubs.

League Matches & Tournaments*: Pupils picked for these events will be those who excel in the sport.

* In football and tag-rugby, Burghill Community Academy are to enter at least one competition per academic year for each sport.

** Pupils picked for friendly matches do not have to regularly attend the after-school club of that sport, although regular attendees who have not yet represented the school should be a preferred choice. These matches can be used as an opportunity to try and engage a pupil in a sport with the aim being that they will join the after-school club after representing the school.

9. After-School Sports Club Selection Policy

Multi-term clubs will be run in key stage bubbles (EYFS/KS1, LKS2, UKS2) to enable a maximum amount of pupils to take part. To ensure that children attending after-school sessions receive the highest possible quality sessions numbers will be capped at 16 pupils in outdoor clubs and 12 pupils at indoor clubs. In KS2 application forms for clubs will be sent to those children who express an interest in joining that particular club, in EYFS/KS1 application forms will be sent to all pupils and places filled randomly and to the conditions listed on the application form. Successful applicants will be informed via ParentMail.

At after-school sports clubs that have a team representing the school in competitive league fixtures or tournaments (i.e the mixed football team, tag rugby team etc.) *up to 7* spaces at the club can be allocated to pupils the club leader/class teacher/P.E coordinator believe have a talent for that particular sport and would benefit from applying their talents in a competitive environment. Remaining spaces at the club will be filled at random as with other clubs.

In instances of single-gender and mixed-gender clubs of the same sport being available during the same term, spaces for children eligible for both clubs will be limited to a *maximum* of 25% at the mixed-gender club where there are more applicants than spaces available.

Clubs that run for more than one half-term will have their randomly allocated spaces re-picked each half-term.

If a parent is willing to give up some of their own time to volunteer at a club a space will be reserved for their child/ren at this club.

Some after-school sports clubs will be set up solely for children who have shown exceptional talent or potential in a given area, all spaces at these limited-space clubs will be filled by pupils selected at the discretion of the P.E co-ordinator/club coach.

For after-school clubs that run in the Summer Term, places will still be filled in accordance with what has been mentioned above but empty spaces will be weighted more towards those interested children who are yet to attend any after-school club in order to ensure as many pupils as possible engage with sport.

10. Sport Premium Funding

Burghill Community Academy will use the Sport Premium funding to provide sustainable development for the subject of PE in school. This can involve the professional development of staff members to improve their delivery of PE, the purchase of sports equipment to ensure a class of up to 35 pupils can take part effectively in a PE lesson, the coaching of young children's skills through specialist coaches for PE lessons or extra-curricular clubs or any other area the PE Coordinator and Headteacher agree on where there is a clear link to physical education. However, Sport Premium funding cannot be spent on PPA cover or put towards the cost of the minimum requirements of the National Curriculum (i.e basic swimming in KS1 and KS2). Sports Premium spending must be catalogued and published on the school website each year as per Government request. This spending can be subject to inspection from

government bodies and therefore must be robustly documented. For more information visit;
www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools

Policy written by: Nick Locke (PE Coordinator)

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